



Holiday Schedule

**Memorial Day is Monday,
May 25th, 2009.**

All residential garbage and recycling will be picked up one day late. Please refer to our holiday schedule at www.ccdisposal.com or call our office at 208.726.9600 if you have any questions.

Eco-Friendly Tips

- Use cloth napkins instead of paper napkins.
- Buy milk in reusable glass containers
- Use reusable containers in your children's lunch boxes; avoid all the Ziploc bags being thrown away.
- When reheating leftovers and if time allows, take food out of refrigerator before-hand and allow it to come to room temperature so you won't use as much energy reheating your meal.

Glass Bottles vs. Cardboard or Plastic Containers

Bill Stoltzfus at Cloverleaf Creamery uses the old-fashioned glass milk containers to bottle his all-natural milk. Bill has been milking their registered Holsteins just south of Buhl for the past 17 years. Not only are the glass bottles better for preserving the taste and integrity of the milk, they also save tons of plastic and cardboard milk cartons from ending up in our landfills. You can buy Cloverleaf Milk at all Atkinsons' Markets. Currently, Cloverleaf Creamery is selling skim, 2%, whole milk and half and half. They recently started packaging and selling their ice cream to Atkinsons' as well and plan on making their own lines of sour cream, yogurt and cheese. If you haven't tried Cloverleaf Milk, do you, your family and the environment a favor and buy some today!

Cell Phone Recycling for Soldiers

Teenagers Robbie and Brittany Bergquist, of Norwell, MA, with \$21 of their own money, founded Cell Phones for Soldiers. They have since raised \$2 million in donations and distributed 500,000 prepaid calling cards to soldiers serving overseas. The old cell phones are sold to ReCellular and the money collected is used to purchase prepaid phone cards

that are sent to our soldiers to call home. To find out where to send your old cell phones visit www.cellphonesforsoldiers.com. They have downloadable, prepaid shipping labels along with drop-off locations. Pull your old cell phones out of your drawers and put them to good use! Every cell phone donated gives our soldiers one hour of prepaid phone cards.

ECO CHIC PRODUCT OF THE MONTH: *Cloth Napkins*

A good friend of mine gave me a great idea that will help eliminate excess paper napkins ending up in our landfills. I used to use paper napkins on a daily basis—I only used my cloth napkins for special occasions. My friend pointed out that there was no reason not to use our cloth napkins everyday. I wasn't thrilled with the thought of extra laundry and possibly the extra ironing. But, that doesn't have to be the case. If the napkin isn't filthy you can reuse it. Napkins are so small that they can easily be thrown in with all the other laundry. I bought different color napkins for each family member so we could keep track of everyone's napkins. I bought two each of five different colors—when one is being washed I have a clean one ready to use. I found a great selection of napkins at Ketchum Kitchen in Giaccobi Square!